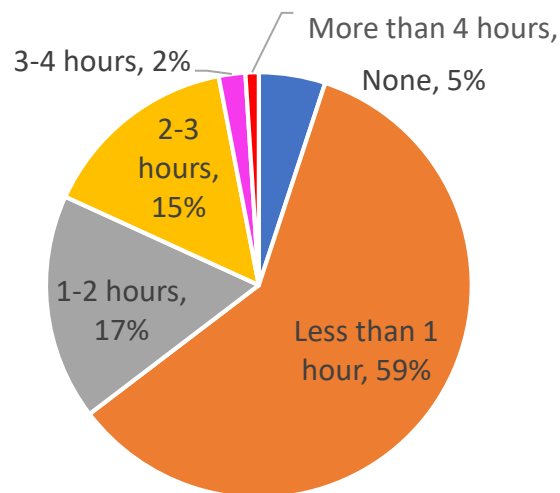


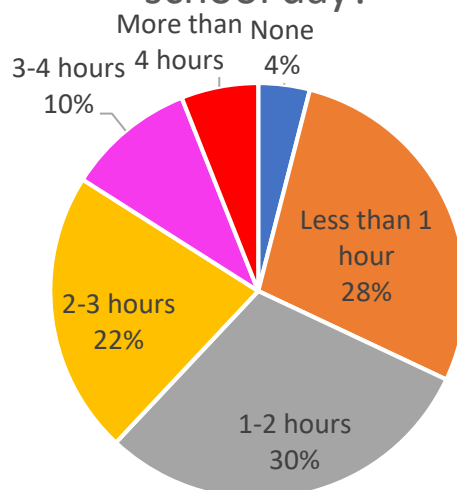
## Online survey yrs 4, 5, 6. Jan 2018

How long do you spend online on a school day?



■ None ■ Less than 1 hour ■ 1-2 hours ■ 2-3 hours ■ 3-4 hours ■ More than 4 hours

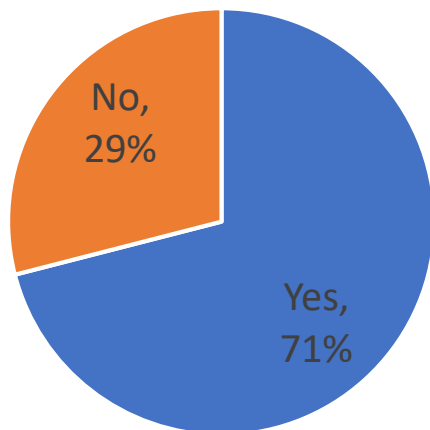
How long do you spend online on a non school day?



■ None ■ Less than 1 hour ■ 1-2 hours ■ 2-3 hours ■ 3-4 hours ■ More than 4 hours

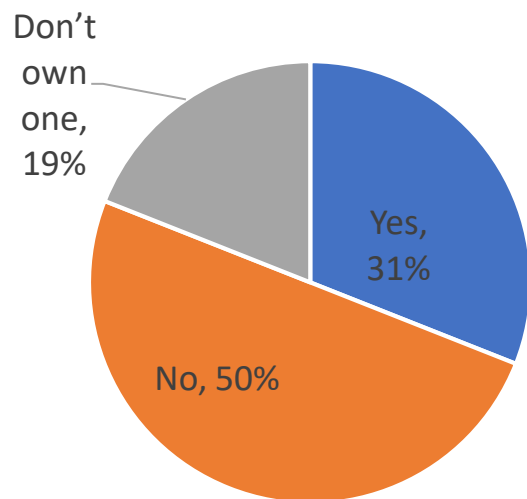
Does your family set any rules for the amount of time you spend online?

80 responses



Do you have your phone or tablet in your room overnight?

80 responses

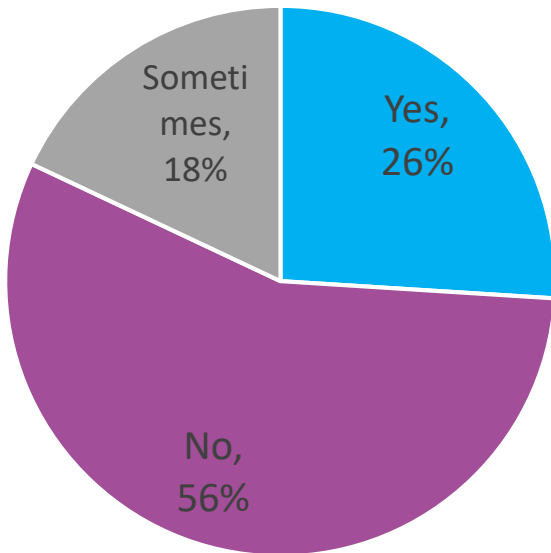


### Some rules our pupils have at home

<i>No devices after 7.30, 6pm, 7pm</i>	<i>Time limiter app</i>
<i>Weekends only 2 hrs until 12 yrs</i>	<i>Weekends after 3pm</i>
<i>30 or 20 mins week, free at weekend</i>	<i>Weekends only</i>
<i>I am on a timer</i>	<i>Homework first</i>
<i>No screens before school</i>	<i>No online strangers</i>
<i>No screens after dinner</i>	<i>After 3pm only</i>
<i>I earn time</i>	<i>Off at 7pm</i>
<i>Ask permission to go online</i>	<i>30/40 mins per day</i>
<i>Only TV on school days</i>	<i>Weekend or when friends visit</i>

Would you like to spend more time online?

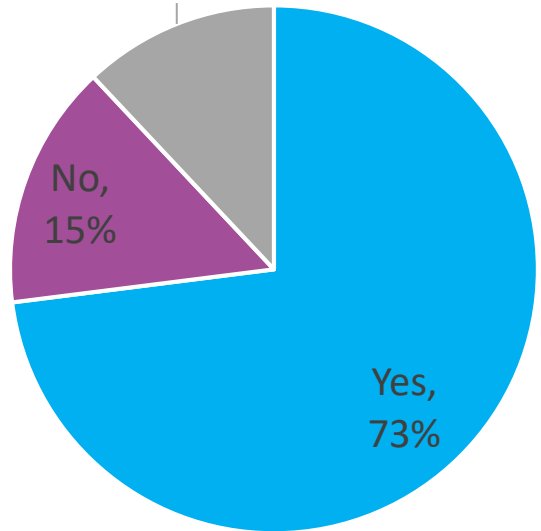
80 responses



Would you like to spend more time offline with friends?

80 responses

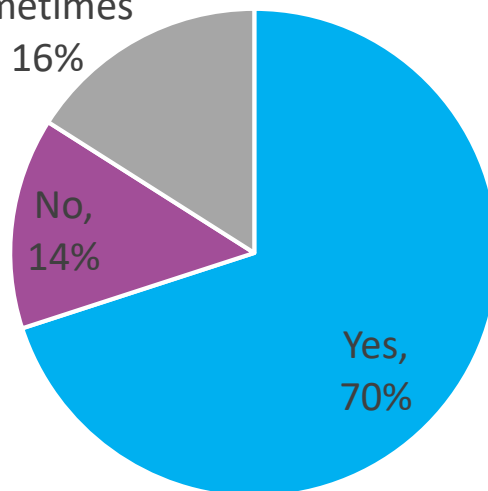
Sometimes, 12%



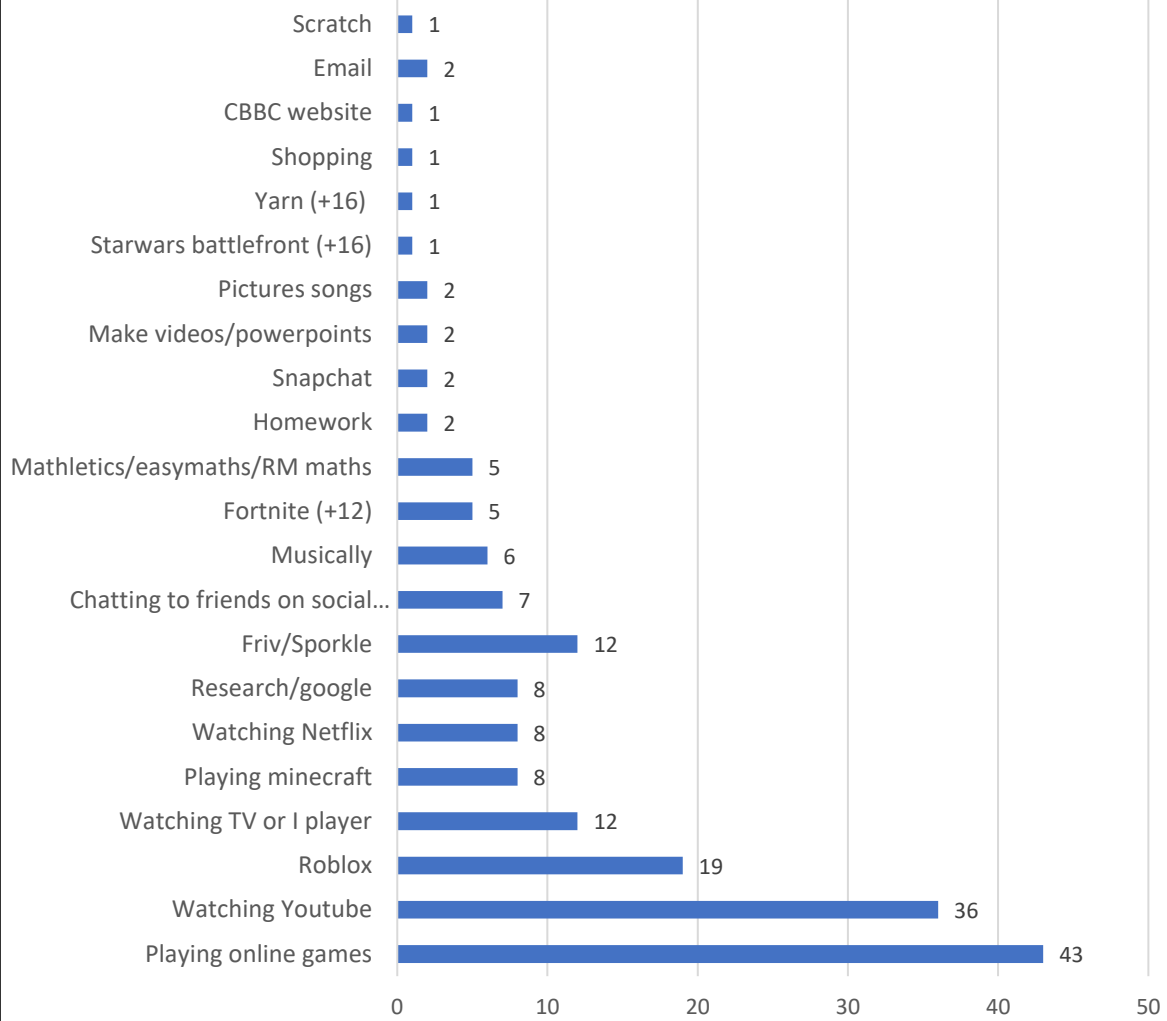
Would you like to spend more time offline with family?

80 responses

Sometimes, 16%



## What are the main activities that you spend time doing online?



## Do you experience any of the following after spending a long time on a device?

